

Charles Armstrong School  
2008/2009 School Year

## Anti-Bullying Pledge – Students / Parents

We, the students/parents of Charles Armstrong School, agree to join together to stamp out bullying at our school.

We believe that everybody should enjoy our school equally, and feel safe, secure and accepted regardless of color, race, gender, popularity, athletic ability, intelligence, religion and nationality.

Bullying can be pushed, shoving, hitting, and spitting, as well as name calling, picking on, making fun of, laughing at, and excluding someone. Bullying causes pain and stress to victims and is never justified or excusable as “kids being kids,” “just teasing” or any other rationalization. The victim is never responsible for being a target of bullying.

### Student Pledge

*By signing this pledge, I agree to:*

1. Value student differences and treat others with respect.
2. Not become involved in bullying incidents or be a bully
3. Be aware of the school's policies and support systems with regard to bullying.
4. Report honestly and immediately all incidents of bullying to a faculty member.
5. Be alert in places around the school where there is less adult supervision such as bathrooms, corridors, and stairwells.
6. Support students who have been or are subjected to bullying.
7. Talk to teachers and parents about concerns and issues regarding bullying.
8. Work with other students and faculty, to help the school deal with bullying effectively.
9. Encourage teachers to discuss bullying issues in the classroom.
10. Provide a good role model for younger students and support them if bullying occurs.
11. Participate fully and contribute to assemblies dealing with bullying.

*I acknowledge that whether I am being a bully or see someone being bullied, if I don't report or stop the bullying, I am just as guilty.*

Signed by (student): \_\_\_\_\_ Date: \_\_\_\_\_

Print Name (student): \_\_\_\_\_

### Parents Pledge

*By signing this pledge, we, the parents, agree to:*

1. Keep themselves and their children informed and aware of school bullying policies.
2. Work in partnership with the school to encourage positive behavior, valuing differences and promoting sensitivity to others.
3. Discuss regularly with their children their feelings about schoolwork, friendships and relationships.
4. Inform faculty of changes in their children's behavior or circumstances at home that may change a child's behavior at school.
5. Alert faculty if any bullying has occurred.

Signed by (parent): \_\_\_\_\_ Date: \_\_\_\_\_

Print Name (parent): \_\_\_\_\_