

Important Dates

- Monday, Oct. 12 *Columbus Day—**School Holiday***
- Wed-Fri, Oct. 14-16 *6th Grade Outdoor Ed Trip*
- Wednesday, Oct. 14 *New Parent Meeting, Lower School (8:30-10:00am)* *Charles Armstrong School*
- Friday, Oct. 16 *New Parent Meeting, Middle School (8:30-10:00am)* *Charles Armstrong School*
- Mon-Fri, Oct. 26-30 *Book Fair* *Charles Armstrong School*
- Friday, Oct. 30 *Jog-a-Thon,/Chili Cook-Off/Halloween Parade* *Charles Armstrong School*



Community Picnic Thank You!!!

Our Community Picnic last Sunday at Nueva School was a huge success, thanks to the event chairperson, Liz Pavlov, and her wonderful team of volunteers. Liz worked tirelessly planning, organizing, delegating, and even cutting out kite patterns! Families and faculty alike had a blast at the picnic, and if you pass Liz Pavlov in the halls please be sure to thank her for such a wonderful afternoon!

New Parent Upcoming Meetings

Having a bit of trouble navigating the waters at CAS? CAS is offering informal meetings to help our new families navigate CAS and find answers to any questions they have so far. These meetings are optional, but we do need your RSVP so we can plan appropriately for meeting materials. Please RSVP to Adrienne Foran at aforan@charlesarmstrong.org by Monday, October 12th. (See flyer at the end of this bulletin).

New Parents of Lower School Students (Grades 1-5): Wednesday, Oct. 14th, 8:30-10:00am

New Parents of Middle School Students (Grades 6-8): Friday, Oct. 16th, 8:30-10:00am



CAS Imagination Wine Sale – Save on Shipping!

Order your CAS Imagination Wine before October 25th and we will pick it up for you!

You can collect your wine here at CAS on Jog-A-Thon Day, Friday, October 30th. To see our selection of wines and place your order, go to www.charlesarmstrong.org and click On **SIP FOR SUCCESS**.

PLEASE REMEMBER TO WRITE **CAS PICKUP** IN THE NOTE BOX ON THE ORDER FORM AND SELECT THE LOCAL PICKUP OPTION IN THE SHIPPING PULL DOWN MENU. THIS WAY, THE WINERY WILL KNOW IT IS FOR US TO PICK UP

Learning Lab

First Quarter Learning Lab classes and tutoring begin Tuesday, Oct. 13th. Confirmation emails with class locations were sent home Friday, Oct. 9th. Stay tuned for Second Quarter Learning Lab information!

SCHOOL NEWS

The Life Skill for the month of October is LISTENING.

The power of listening, really listening, is such an important aspect of being a human being. Learning to listen to what another is saying is a critical skill and one that can have a positive impact on every aspect of life. During this month we will be paying special attention to helping our students increase their listening skills. If you have an opportunity to have a discussion with your student about listening, and practice yourself that would be great. Nothing can make a student feel more supported and loved than truly being listened to.

“Most of the successful people I've known are the ones who do more listening than talking.” -Bernard M. Baruch

“I know that you believe you understand what you think I said, but I'm not sure you realize that what you heard is not what I meant.” -Robert McCloskey



The Counseling Corner

Throughout the month of October, The Counseling Corner will feature an ongoing weekly discussion of the top 5 emotional difficulties impacting LD children. Last week the discussion focused on the number one LD emotional difficulty: shame.

This week the Counseling Corner will have 2 parts: Part 1 will cover another emotional difficulty that commonly impacts the LD student and Part 2 will discuss our New Student Group, including purpose, outcome, and continuing support for our new students and parents at CAS.

LD Emotion:

The second most prevalent LD difficulty is: Fear. Fear can take many forms for the LD student, including: the fear of being found out, the fear of failure, and the fear of judgment or rejection. These fears begin in the classroom and can migrate to other areas of your child's life, including fear of participating in extracurricular activities or engaging socially. Parents can help their LD child lessen fears by speaking openly with the child and asking specific, targeted questions when they notice them avoiding a particular activity, excursion, or assignment. Ask your child what they are afraid of and what is the worst thing that could happen? Follow-up by pushing them to attempt the activity and giving extra reinforcement once completed. LD children often have extremely creative minds that can help them persevere in fearful situations, if given the extra push. Ask them to share how they managed to get through and what they can remember for the next time they are in a similar, fearful situation. Most of all, remember to share your experiences about times you were afraid, and what the outcome was for you.

New Student Groups

Every September, we welcome large numbers of new students to CAS and facilitate this transition through the Counseling Department's New Student Groups. Jason and Jayme lead these groups, which consist of roughly one group per grade, and meet weekly throughout the first month of school. The purpose of these groups is to help the students assimilate into CAS socially and emotionally, while processing their hopes and fears about coming to CAS with other students in the same position. Psychological research shows that in the hierarchy of human needs, higher functions such as cognitive learning cannot occur until the basic needs for safety and security are attained. Based upon this principle, the New Student Groups aim to address the student's anxiety and fears that must first be allayed in order for academic learning to follow. We also help our students to understand that they have finally come to a place where everyone here is like them: we all learn differently. Common past experiences are voiced during the group, often including examples of when the student was seen as 'stupid' by classmates who did not understand their unique mind. By coming to these groups, the new CAS students see that they are in a safe place of understanding and no longer need to be afraid at school. This reassurance translates to increased self-esteem, decreased anxiety, and expedited learning in the classroom.

Parents also experience these same anxieties about having their child come to CAS. Navigating the new school policies, academics and community can be daunting in and of itself, and then you may wonder how does a parent best support an LD child? Just as your child can benefit from discussions within a group of shared experiences, we offer parents the wonderful forum of our parent coffees. Come share with other parents who are experiencing the same worries, challenges, and hopes as you. **The first parent coffee will take place Friday, October 23rd in the CAS library from 8:30 to 10:00am. This is designed as a follow-up discussion from the Common Ground speaker series taking place Oct. 5-7.**

Please feel free to email Jayme and Jason with any topics that you would like us to cover in future month's editions of The Counseling Corner!

Jason Bradeen: jbradeen@charlesarmstrong.org; Jayme Mahoney; jmahoney@charlesarmstrong.org

Safety Update-H1N1 Virus

Charles Armstrong has **one confirmed case of H1N1 flu**. We are following all precautions provided by the Department of Health and Center for Disease Control. Students who are ill for any reason should remain at home and should not return to school until **24 hours (without medication) after** the disappearance of any fever or other symptoms. More information is available at <http://www.cdc.gov/h1n1flu/guidance/exclusion.htm>.

Health Tips to help prevent the spread of both seasonal and H1N1 (swine) flu:

Get a flu shot! The H1N1 flue vaccine is expected to become available soon.

Cover coughs and sneezes with a tissue or sleeve.

Wash hands often with soap and water or an alcohol-based hand cleaner.

STAY HOME WHEN SICK.

Jog-A-Thon Packets Coming Home Today!

Please check your child's backpack for the Jog-A-Thon sponsorship envelope! It's time to round up sponsorships for this fun CAS event on Friday, October 30. (We will be publishing the jogging schedule soon, so you can come by and watch!) This year we are asking for advance payment of flat donations, no per lap contributions. Donations can come from one donor, or a total contributed by several family members and friends. Our suggested total for donations is \$125 per child. Please give generously so CAPSO can reach its \$30,000 goal for classroom and school programs! Pledge envelopes, with all contributions collected in advance, are due to classrooms on Monday, October 26. All classes with 100% of their envelopes in by October 26th receive free dress! The first class with 100% of their envelopes turned in gets an ice cream party AND free dress!

We are rounding up volunteers for the day of the event. You can volunteer for 1-3 hours that morning in a variety of ways. If you are interested in helping, please email Audrey Fox at audrey_fox@comcast.net or Kathy Thibodeaux at kathythibodeaux@comcast.net. Thank you!

Halloween Chili Cook-Off

October 30th is a busy day at CAS! While the children run their Jog-a-Thon laps, we invite our parents to brew a batch of their favorite chili and bring it to CAS to compete in our annual Halloween Chili Cook-Off! Who will win bragging rights for the 2009-2010 school year?? You have to participate in order to have a chance! See the flyer at the end of this bulletin for rules of the competition. Even if you don't win, what could be more fun than sampling everyone's chili and Ralph Lortie's famous home made cornbread? Please RSVP to Adrienne Foran at aforan@charlesarmstrong.org by October 23rd if you want to enter the contest to end all contests!

The Music Man Drama Production

This year's drama production is *The Music Man* and the drama department needs your help. You do not need to sew or have a child in the performance to earn volunteer hours or brownie points for your help. Just check your closets, yard sales or thrift shops for the following items:

For the boys we could use overalls or pants, beginning with kid's size 10 up to men's large. We can always cut things down. I am especially interested in wool, tweed, or corduroy--anything with interesting texture but not white or other very light colors. Golf pants might also work, especially plaids.

For the girls we could use long dresses (avoid very light colors and small sizes), long skirts (solid colors preferred), and long-sleeved blouses--ruffles are a bonus and any petticoats to fill out those dresses.

HATS! This play will need all sorts of hats: straw boaters for both boys and girls, newsboy (golf) hats, black or brown fedoras and top hats, and large-rimmed women's hats that we can decorate.

Other items we could use: vests, suspenders, argyle or solid colored knee socks, feather boas of all colors and sizes, parasols, ostrich feathers, silk flowers, small plastic fruit, and colorful ribbon (think hat decorating, theater-style).

If you have questions or suggestions, please contact Fern Royce by phone or email: (510) 540-1028; fern.royce@gmail.com

Transition News

Please see the comprehensive list of Open Houses for 2009-2010 at the end of this bulletin. Please also read the Kurzweil Flyer attached to this bulletin.

High School Update

Get a Closer Look: 8th Grade Parent Information Night

For 8th grade students, high school is right around the corner! Carlmont's 8th Grade Transition Team is here to acquaint Middle School students and parents with Carlmont and provide information that will make the move from middle school to high school a little bit easier. Please come to their first event of the year for 8th grade parents:

Tuesday, October 20th

6:00 – 6:45 PM - Campus Tour

7:00- 9:00 PM - Presentation by Principal Raul Zamora and visits to classrooms

Location: Carlmont High School Gym

Please park in the lot by the tennis courts (2nd entrance coming from San Carlos, across from Chula Vista) and follow signs to gym. As time is limited the tours will start promptly at 6:00 and the Presentation at 7:00. Please plan to arrive early to find parking and locate the Gym.

This event is intended to provide a broad overview of the academic program at Carlmont and will commence in the gym at 7:00 SHARP with a short introduction by Carlmont Principal Raul Zamora. Parents will then be dismissed to nearby classrooms to hear presentations from Carlmont teachers on course material and academic expectations in the four core curriculum areas: Math, Science, English and Social Studies. Parents will rotate through classrooms in all four subject areas. Those who wish to explore electives or special programs may return to the gym after the classroom visits to receive information regarding: Performing and Visual Arts, Technology, Foreign Language, RSP, Special Education, AVID, Academy Programs, and Athletics. Parent Information Night is just the first in a series of events throughout the year.

Morrissey Compton Speaker Series

Morrissey Compton Educational Center is hosting a presentation titled, "Navigating the Test Accommodation Process for High School Students with Learning Disabilities and ADHD: What You Should Know Before Your Senior Year." The event is geared towards local high school educators, resource teachers, counselors and parents of high school students, but parents of eighth graders may well find the information very useful. The gathering begins with a social gathering Tuesday, October 13th from 5:30-6:00pm, followed by the presentation at 6:00pm. See the flyer at the end of this bulletin for additional details.

Parent Coffees

CAS will host a series of parent coffees that closely align with the topics presented at Common Ground speaker events. Below is the schedule of the Common Ground events and our CAS coffees. CAS Counselors Jason Bradeen and Jayme Mahoney look forward to hosting these discussions. Please refer to our School Parent Calendar or our Parent Ed brochure for Common Ground Speaker locations. Please RSVP to Adrienne Foran at aforan@charlesarmstrong.org to reserve your seat at the coffees.

New Strategies for Success in School & Life, Common Ground Speaker Oct. 5-7, **CAS coffee Friday, October 23, 2009, 8:30-10:00am**

The Amazing Science of Exercise and the Brain, Common Ground Speaker Nov. 17-19, **CAS coffee Friday, Dec. 4, 2009, 8:30 10:00am**

The Tween/Teen Years, Common Ground Speaker Jan. 26-28, **CAS coffee Thursday, February 11, 2010, 8:30-10:00am**

When to be Unpopular with Your Kids, Common Ground Speaker March 16-18, **CAS coffee Wednesday, March 31, 2010, 8:30-10:00am**

The Power of Mindful Parenting, Common Ground Speaker April 20, **CAS coffee Friday, April 30, 2010, 8:30-10:00am**

SCHOOL NEWS

Escrip

Have you signed up for Escrip?? This is free, easy money that goes to CAPSO. Thank you to all the families who have signed up online for escrip. If you participated last year, don't forget to renew to continue earning Safeway contributions. Visit www.escrip.com, click on "YES RENEW!" Parents, teachers, friends and families are encouraged to register their Safeway club card and existing credit/debit cards as supporters. A percentage of all purchases made at eScrip merchants will be given back to CAPSO including Safeway, online merchant purchases and eScrip dining program. Go to www.escrip.com Charles Armstrong School - ID 137612735.

Any questions, please contact naomi.shimizu@sbcglobal.net.

Raley's, Bel Air Market and Nob Hill Scrip Program

Do you shop at Raley's, Bel Air Market or Nob Hill? Please contact Susan Horning at sphorning@astound.net and she will mail you a Quality of Life scrip card. This is a free program which will earn CAS money to be used to support CAS programs. Already have a Quality of Life card? Please remember to hand it to the cashier each time. Thanks!

Tips to Speed up Morning Drop-Off & Afternoon Pick-Up

- Participate in a carpool if you can! The less cars on campus, the faster traffic flows.
- Try to avoid the morning "crunch" period of 8:10am. So many cars arrive to school in the morning right at 8:10 that traffic backs up on Chula Vista from both directions. If you can arrive at school any time earlier—even as early as 7:45am (no charge for morning daycare after 7:45am) the drop off will move so much quicker!
- Observe the stop signs on Chula Vista, particularly coming up Chula Vista from Alameda. Many cars barely stop before turning right onto Solana and do not allow the cars turning left to actually make their turn. Please drive courteously and observe the stop signs.
- Use your turn signals and turn off your cell phones!
- Have your children ready to exit the car in the morning... backpacks should be at the ready and shoes should be on, so the only thing your child needs to do is hop out of the car!

Art in October 2009

In October students in all art classes will be learning about graphic arts, including, learning some of the essential elements necessary to create a graphic design. Lessons will focus on the elements of art including color, line, and shape. Students will be drawing illustrations and designing pages for the interior and cover of our school yearbook. These drawings are submitted to the yearbook staff for selection for our school yearbook.

Announcing Student Art Exhibit

San Francisco Airport Museum

"Close Up In the Garden"

October 2009 – November 2009

The eleven works of CAS student art will be exhibited in Concourse A at the Children's Art Exhibition Gallery, located on the lower level of Terminal One in the baggage claim area. The exhibit dates are October through November 2009. Please stop by if you are in the airport. The students whose work is being exhibited will be taking a field trip on October 21st to visit the San Francisco Airport and see the CAS exhibit that is on display.

Have Important CAS News?

Then have it posted in the Weekly Bulletin! Please email your submission to aforan@charlesarmstrong.org by noon on Wednesday if you would like it to be included in that Friday's bulletin.

MIDDLE SCHOOL NEWS



Student Council Election Results

Officers:

Student council elections were held on Tuesday, October 6th and the winners were announced yesterday. CAS is proud to announce the 2009-2010 Student Council!

Presidents: Adam Winnen & Justin Strong

Vice President: Tommy Goodley-Espinosa

Treasurers: Mitchell Mercadante & Alec Braun

Social Chairs: Katie Bentley & Sabrina Clark

Secretary: Erinn Sheedy

Photographers: Henriette Modarresse & Sophia Mandema

The first official student council meeting will be held on Tuesday, October 13th in Room 17.



Class Representatives:

Room 18: Selene Jones & Dane Archer

Room 17: Frankie Koep-Blanco & Jackson Hunter

Room 16: Nitasha Kang & Nicollette Sherry

Room 15: Ulysse Worsfold & Austin Venezia

Room 14: Armando Medina & Ryan Bockholt

Room 13: Tom Lunday & Jessica Makower

Middle School Field Trips

6th Grade Outdoor Education Trip: Please remember to drop your student at the North End of the Belmont CalTrain Station between 7:45 and 8:00am on Wednesday morning, October 14th for the 6th Grade Outdoor Education trip. The group will return to Charles Armstrong campus on Friday, October 16th in time for regular dismissal. You can find the clothing and equipment list on the Outdoor Education Web Page within the Science Department page on our website.

7th Grade Field Trip to Balancing Rocks at Crissy Fields, San Francisco – Friday, October 23rd

<http://www.rock-on-rock-on.com/>

Kurzweil Educational Systems

Offer Parents and Students of Charles Armstrong School

Kurzweil 3000 LearnStation \$225.00*

Now you can purchase the Kurzweil 3000 software that your student uses at school.

Kurzweil 3000 is the premier reading, writing, learning and web access software solution for readers. It offers a comprehensive set of tools for Language Learning, Study Skills and Test Taking in a highly flexible and easy to use package.

What It Does:

- Allows users to read the web, electronic text and previously scanned documents
- Audible spell-checking
- Audible word prediction with homophones and confusables

Multi-sensory presentation - highlight a sentence, paragraph or phrase in one color and highlight each word in another color as it reads aloud

- One-click access to dictionaries, synonyms, syllabification
- Provides a level of independence in reading, writing, studying and completing worksheets

Mark main ideas, extract outline, create voice notes and add annotations

Charles Armstrong School parents can purchase the Kurzweil 3000 LearnStation software directly from Kurzweil Educational Systems, Inc. Please tell Jennifer or Ken that you are ordering under the special Charles Armstrong School pricing.

To order please contact:

Laurel Sarmento

Kurzweil Education Systems, Inc.

5691 Augusta Court

Discovery Bay, CA 94505

(925) 634-2418

lsarmento@cambiumlearning.com

Sports News

REVISED 2009 Flag Football Schedule

Monday October 19th J.V. Game vs. Nueva @ Nueva 4:00

Wednesday October 21st J.V. Game vs. Hausner @ Hausner 4:00

Tuesday October 27th Varsity Game vs. Sea Crest @ Nueva 4:00

Thursday October 29th J.V. Game vs. Sea Crest @ Sea Crest 4:00



2009 Girls Volleyball Schedule

Close encounters best described the games here, but the girls' team fell to Nueva, two games to none. Upcoming Game Schedule:

Date	Time	School Name	Location
Tue., 10/13	4pm	Christian Highland	Alma Heights
Thur., 10/15	4pm	Wornick	Wornick
Fri., 10/16	4pm	Alma Heights	Alma Heights
Thur., 10/19	4pm	Nueva	Nueva
Thur., 10/29	4pm	Seacrest	Seacrest

Street Hockey: The 4th/5th grade street hockey team has a break since their opponents have all year school – and will be out for a while. Action will resume on October 27 @ Fair Oaks at 3:30. By the way, if you are planning on leaving your athlete in after care on Tuesdays prior to our game, please let me know ahead of time so we can have adequate coverage and so I can attend faculty meetings. Thanks. Coach Smith

PS- The team played awesome this past Tuesday, swarming around the RWC Combo net like hungry bees – and it showed in their 11-1 victory.

Basketball: Signups being taken for students in the 5th-8th grade. It is important for interested students to take care of this so that we can plan how many teams to enter in the league. **Deadline to signup up is Friday, October 16th.**

The **middle school boys team's** first practice will be held after school Wednesday, Oct. 14th until 5PM @ Payes Place, 595 Industrial Road, San Carlos. Parents can pick their sons up from there.

Flag Football: Highland Christian, looking for revenge after being knocked out of last year's playoffs, finally got what they wanted—a huge victory over the Cougars, 34-7. Then Armstrong rebounded a couple of days later by running by Nueva, 21-7.

Cross Country: The team is running... and running... and running. More on this next week.

Girls Volleyball: The action continues and our girls team, although greatly improving is still in search of victory number one.

C.A.S. HALLOWEEN CHILI COOK-OFF

OCTOBER 30, 2009 (Jog-A-Thon Day)

- Brew your favorite chili recipes at home (at least 2 quarts for judging).
- Bring it to CAS in a crock pot. (If you don't have one, let us know).
- Parents on campus will sample each pot of chili and put a token in the cup next to the chili he/she thinks is the best.
- The winner will receive a "PRIZE" and bragging rights for a year!

Chef Ralph will stand by with a fire extinguisher just in case things get a little too hot! He will also brew his "wicked" chili and corn bread.



R.S.V.P. to: Adrienne Foran by returning this form or by e-mail aforan@charlesarmstrong.org or by phone (650) 592-7570 ext.208.

Name: _____

- Yes, I will enter chili in the contest.
- No, I won't enter chili, but will be there to eat it!
- Sorry, I won't be able to attend.

School Name	City	Dates and Times	Time	Website
Aragon High School	San Mateo	February 9 - 8th grade Parent Night (to be confirmed)	7pm	www.aragon.schoolloop.com
Bayhill High School	Oakland	October 20, January 21	7pm	www.bayhillhs.org
		November 21	2pm	
Bay School	San Francisco	October 22nd	7pm-9pm	www.bayschoolsf.org
		november 8th 2pm-4pm		
Bellarmino College Prep HS	San Joseq	October 25th	10am-1pm	bcp.org
Bishop O'Dowd High School	Oakland	Oct. 1, 8, 15, 22, 29 - Student Tours	9am-11am	www.bishopodowd.org
		Nov. 1 - Open House	1pm-3pm	
Burlingame High School	Burlingame	February 2 - 8th grade Parent Night (to be confirmed)	7pm	http://bhs.smuhds.org
Capuchino High School	San Bruno	February 3 - 8th grade Parent Night (to be confirmed)	7pm	www.chs.schoolloop.com
Carlmont High School	Belmont	October 20 - 8th grade parent information night	6:00 - 9:00	www.carlmont.seq.org
		Jan. 14, 20, 26 - Parent/Student Coffees	7:30 - 9:00	
Convent of the Sacred Heart	San Francisco	November 4 (Open House)	6:45 - 9 pm	www.sacredsf.org
		Sept. 30, Oct. 21, Nov. 11, Dec. 2 - Admissions Tours	8:30 - 10 am	
Drew School	San Francisco	Oct. 22, Nov. 19, Jan. 7 - Open House	6:30pm-8:45pm	drewschool.org
		Jan 12, Jan 26, Feb 9, Feb 23 - Head of School mtgs	8:30am-9:30am	
Gateway School	San Francisco	October 5, Nov. 19, Dec. 2, Jan. 6	6pm-8pm	www.gatewayhigh.org
The Girls Middle School	Mountain View	November 14th	1pm-4pm	www.girlsms.org
		December 10th	7pm-9pm	
Gunn High School	Palo Alto	February 2nd	7pm	www.hillsdalehigh.com
Hillsdale High School	San Mateo	February 1 - 8th grade Parent Night (to be confirmed)	7pm	www.hillsdalehigh.com
Jewish Community High School of the Bay	San Francisco	November 8th, December 6	2-4pm	www.jchsofthebay.org
Keys School	Palo Alto	November 14, January 9	TBD	www.keysschool.com
Kings Academy	Sunnyvale	November 14	TBD	www.tka.org
		December 10	7pm	
Menlo Atherton HS	Atherton	November 10 - 8th grade families information night	6pm	www.mabears.org
Mercy High School	Burlingame	November 15th	12pm-4pm	www.mercyhsb.com
Mercy High School	San Francisco	October 25th	9am	www.mercyhs.org
Mid-Peninsula	Menlo Park	October 24th	10:30am-12pm	www.mid-pen.com
		April 24th	10:30am-12pm	www.mid-pen.com
Mills High School	Millbrae	February 8 - 8th grade Parent Night (to be confirmed)	7pm	http://millshigh.org
Archibishop Mitty HS	San Jose	November 22nd	9am-2pm	www.mitty.com
Notre Dame High School	Belmont	October 18th	10am-3pm	www.ndhsb.org
Nueva School	Hillsborough	November 15, December 12 (Middle School)	1pm-3:30 pm	www.nuevaschool.org
Odyssey School	San Mateo	October 6, November 9, December 3, January 7	7pm	www.odysseyms.org
Palo Alto High School	Palo Alto	February 3rd	7pm-8:30	www.paly.net

School Name	City	Dates and Times	Time	Website
Presentation HS - San Jose	San Jose	November 8th	11am-2pm	www.pres-net.com
Presidio Hill School	San Francisco	October 24th (Kindergarten)	10am-12pm	www.presidiohill.org
		November 7th (All School)	10am-12pm	
		January 26th (Middle school)	6pm-8pm	
Archbishop Riordan HS	San Francisco	October 25th	10am	www.riordanhs.org
Sacred Heart Prep HS	Atherton	October 25th	1pm-5pm	www.shschools.org
		November 22rd	1pm-5pm	
Saint Francis High School	Mountain View	November 1st	9am-1pm	www.sfhs.com
		November 16th	7:30pm-9pm	
Saint Ignatius College Prep	San Francisco	November 8th - Open House	1pm-3:30pm	www.siprep.org
		October 21, October 28 - 8th grade visit days		
San Francisco Day School	San Francisco	October 1st	6pm-8pm	www.sfds.net
		October 20th	6pm-8pm	
		November 7th (Kindergarten and Elementary)	10am-noon	
San Francisco School	San Francisco	October 29th (Preschool and Elementary)*	7pm-9pm	www.sfschool.org
		December ** (Preschool and Elementary)*	7pm-9pm	
		December ** (Middle School)*	7pm-9pm	
		<i>*Reservations are Necessary</i>		
San Mateo High School	San Mateo	February 3 - 8th grade Parent Night (to be confirmed)	7pm	http://smhs.smuhsd.org
Sequoia High School	Redwood City	November 18 - 8th grade parent/student info night	7pm-9pm	www.sequoiahs.org
		Oct. 12, 26; Nov. 9, 23; Dec. 7 - Principal Tours	8:15-10 am	
Serra High School	San Mateo	December 3rd	7pm	www.serrahs.com
SF Waldorf High School	San Francisco	October 3rd, December 12th	9am-noon	www.sfwaldorf.org
		November 15th	1pm-4pm	
		<i>*make reservation - 415-431-2736</i>		
St. Cecilia - San Francisco	San Francisco	January 13th	8:30am-11am	www.stceciliaschool.org
		January 14th	8:30am-11am	
St. Joseph's - Atherton (K-8)		November 1st (Middle School)*	10am	www.shschools.org
		November 14th (Middle School)*	1pm	
		<i>*Reservations are Necessary</i>		
St. Lawrence	Santa Clara	November 15th	10am-1:30pm	www.stlawrenceacademy.org
<i>St. Lawrence Zacchaeus Program</i>		<i>October 19th</i>	<i>7pm</i>	
Sterne School	San Francisco	10/15, 11/12, 12/10, 2/4, 3/11, 4/15, 5/13	6pm-7:30pm	www.sterneschool.org
Summit Preparatory HS	Redwood City	October 7, December 8 (at Summit)	7pm-9pm	www.summitprep.net
		November 12th (at Everest HS campus)	7pm-9pm	
		January 9th (at Everest)	10am-noon	
The Marin School	Sausalito	October 1, October 27, November 12, December 3	6:30-8pm	www.themarinsschool.org
		<i>Parent Info. Nights reservations 415-339-9336 x104</i>		

School Name	City	Dates and Times	Time	Website
Urban High School		October 4th, December 6th	2pm-4:30pm	www.urbanschool.org
		November 7th	10am-12:30pm	
		8th grade families must register for openhouse info		
Woodside Priory	Portola Valley	November 14th, Novemer 18th	7pm	www.woodsidepriory.com
		December 5th	10am	