

## *Mission*

*To serve high potential students with language-based learning differences, such as dyslexia, empowering them to thrive as learners in school and life.*



### ***Charles Armstrong School***

1405 Solana Drive  
Belmont, California 94002

**Phone:** 650.592.7570

**Fax:** 650.591.3114

**[www.charlesarmstrong.org](http://www.charlesarmstrong.org)**

## *Parent Education Opportunities*



### ***Charles Armstrong School***

1405 Solana Drive, Belmont, CA 94002  
650-592-7570 ♦ [www.charlesarmstrong.org](http://www.charlesarmstrong.org)

# A JAR FULL OF .....CAS HELPFUL TIPS

Help your child correct their errors and mistakes by showing or demonstrating what they should do.

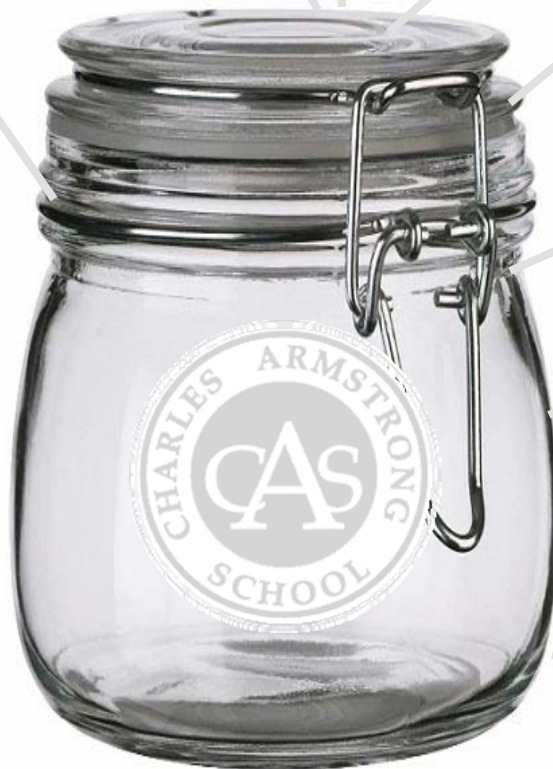
Make your child be a part of the decision by involving them in establishing rules and regulations, schedules, and family activities.

Celebrate with your child when he or she achieves goals by doing something they love.

Talk with other parents, joining a parent support group is helpful

Take the time to listen to your child as much as you can by encouraging conversation.

Improve concentration by reducing all environmental distractions. and providing dedicated spaces to work, study, and play.



Look for and encourage your child's strengths, interests, and abilities

Help your child develop self-esteem by focusing on the positive and providing praise.

Stay informed and consult with teachers or other specialists whenever you feel it to be necessary.

## Charles Armstrong School: 2011 - 2012 Parent Education

Date	Description
<b>September 20</b> 8:30-10am 5:00-6:30pm	<b>PARENT TECH TRAINING</b> <i>See how the Kurzweil reader program converts text to speech</i> Facilitators: Bob Luke and Rhonda Orr RSVP to Laura Birss: <a href="mailto:LBirss@charlesarmstrong.org">LBirss@charlesarmstrong.org</a>
<b>September 26</b> 5:00-5:30pm	<b>POWER SCHOOL TRAINING (LOWER SCHOOL)</b> <i>Learn how to use our grading and report software.</i> Facilitator: Rhonda Orr RSVP to Laura Birss: <a href="mailto:LBirss@charlesarmstrong.org">LBirss@charlesarmstrong.org</a>
<b>September 27</b> 8:30-10am 5:00-6:30pm	<b>PARENT TECH TRAINING</b> <i>See how the Kurzweil reader program converts text to speech.</i> Facilitators: Bob Luke and Rhonda Orr RSVP to Laura Birss: <a href="mailto:LBirss@charlesarmstrong.org">LBirss@charlesarmstrong.org</a>
<b>October 3</b> 5:00-6:30pm	<b>POWER SCHOOL TRAINING (MIDDLE SCHOOL)</b> <i>Learn how to use our grading and report software.</i> Facilitator: Rhonda Orr RSVP to Brittany Thayer: <a href="mailto:BThayer@charlesarmstrong.org">BThayer@charlesarmstrong.org</a>
<b>October 7</b> 8:30 - 10am	<b>MANDATORY PARENT COFFEE (Grades 1-3)</b> RSVP to Brittany Thayer: <a href="mailto:BThayer@charlesarmstrong.org">BThayer@charlesarmstrong.org</a>
<b>October 12</b> 8:30-10am	<b>MANDATORY PARENT COFFEE (Grades 6-8)</b> RSVP to Brittany Thayer: <a href="mailto:BThayer@charlesarmstrong.org">BThayer@charlesarmstrong.org</a>
<b>October 14</b> 8:30-10am	<b>TRANSITION MEETING</b> <i>Overview of the Transition Process followed by a Q &amp; A session with Debbie Vielbaum &amp; Laura Birss.</i> RSVP to Brittany Thayer: <a href="mailto:BThayer@charlesarmstrong.org">BThayer@charlesarmstrong.org</a>
<b>October 19</b> 8:30-10am	<b>MANDATORY PARENT COFFEE (Grades 4-5)</b> RSVP to Brittany Thayer: <a href="mailto:BThayer@charlesarmstrong.org">BThayer@charlesarmstrong.org</a>
<b>October 22</b> 10am-12  <b>Twin Pines Lodge, Belmont</b>	<b>LD SIMULATION—For siblings of our LD students (age 12+)</b> <i>This hands-on experience is designed to increase awareness of the frustrations that people with dyslexia encounter daily.</i> <b>Limited to 1st 50 people</b> RSVP to Laura Birss: <a href="mailto:LBirss@charlesarmstrong.org">LBirss@charlesarmstrong.org</a>
<b>November 3</b> 8:30-10am	<b>NEW PARENT BREAKFAST</b> RSVP to Brittany Thayer: <a href="mailto:BThayer@charlesarmstrong.org">BThayer@charlesarmstrong.org</a>
<b>November 9</b> 8:30-10am	<b>PARENT TECH TRAINING (DIGITAL TEXT)</b> <i>Learn a bit about digital audio text, books on tape, bookshare.org, learning alley and more.</i> Facilitators: Bob Luke and Rhonda Orr RSVP to Laura Birss: <a href="mailto:LBirss@charlesarmstrong.org">LBirss@charlesarmstrong.org</a>

Date	Description
<b>November 11</b> 8:30-10am	<b>TRANSITION MEETING</b> <i>Accommodations, IEP's &amp; 504's followed by a Q &amp; A session with Debbie Vielbaum and Laura Birss.</i> RSVP to Brittany Thayer: <a href="mailto:BThayer@charlesarmstrong.org">BThayer@charlesarmstrong.org</a>
<b>November 18</b> 8:30-10:30am	<b>LD SIMULATION</b> <i>This hands-on experience is designed to increase awareness of the frustrations that people with dyslexia encounter daily.</i> <b>Limited to 1st 50 people</b> RSVP to Laura Birss: <a href="mailto:LBirss@charlesarmstrong.org">LBirss@charlesarmstrong.org</a>
<b>December 7</b> 8:30-10am	<b>PARENT TECH TRAINING (DRAGON SPEAK)</b> Facilitators: Bob Luke and Rhonda Orr RSVP to Laura Birss: <a href="mailto:LBirss@charlesarmstrong.org">LBirss@charlesarmstrong.org</a>
<b>January 11</b> 5:00-7:00pm	<b>COOL TOOLS NIGHT</b> <i>Learning about the technology available to assist students with learning differences.</i> RSVP to Laura Birss: <a href="mailto:LBirss@charlesarmstrong.org">LBirss@charlesarmstrong.org</a>
<b>February 16</b> 8:30-10am	<b>TRANSITION MEETING: ALUMNI PANEL</b> <i>This informative meeting will feature a Q&amp;A session with CAS Alumni currently attending various schools in the Bay Area.</i> RSVP to Brittany Thayer: <a href="mailto:BThayer@charlesarmstrong.org">BThayer@charlesarmstrong.org</a>
<b>April 4</b> 8:30-10am	<b>PARENT EDUCATION:</b> Executive Function with Dr. Dale Jacknow RSVP to Laura Birss: <a href="mailto:LBirss@charlesarmstrong.org">LBirss@charlesarmstrong.org</a>
<b>April 27</b> 8:30-10am	<b>TRANSITION SCHOOL FAIRE</b> <i>Bay Area School Admissions staff will be on campus to discuss their schools.</i> RSVP to Brittany Thayer: <a href="mailto:BThayer@charlesarmstrong.org">BThayer@charlesarmstrong.org</a>
<b>April 27</b> 10-11am	<b>TRANSITION MEETING</b> <i>Preparing for the Transition to High School.</i> <b>Mandatory: 7th Grade Parents Only</b> Facilitators: Debbie Vielbaum and Laura Birss. RSVP to Brittany Thayer: <a href="mailto:BThayer@charlesarmstrong.org">BThayer@charlesarmstrong.org</a>



[www.charlesarmstrong.org](http://www.charlesarmstrong.org)

# Common GROUND

## 2010-2011 Speaker Series Program

Date	Description
<b>October 4</b> 9:00 am	<b>INSPIRING GRIT &amp; PERSERVERANCE</b> <i>Exploring how families may apply AQ techniques to encourage positive mindsets that promote greater learning, optimism, resilience, and happiness.</i>
<b>October 4</b> 7:00 pm	<i>Speaker: Paul Stoltz, Ph. D</i>
<b>October 5</b> 7:00 pm	<b>Locations:</b> <u>Oct. 4 (9am):</u> The Nueva School, 6565 Skyline Blvd, Hillsborough <u>Oct. 4 (7pm):</u> Harker Upper School, 500 Saratoga Ave, San Jose <u>Oct. 5 (7pm):</u> The Priory, 302 Portola Rd, Portola Valley
<b>October 6</b> 8:30am-10	<i>*Jason and Jayme will hold a follow up discussion and coffee on CAS campus in the school library.</i>
<b>November 9</b> 7:00 pm	<b>INSPIRING THE CREATIVE EDGE</b> <i>10th Anniversary Special Event</i> <i>Speaker: Sir Ken Robinson, Ph.D</i>
	<b>Location:</b> Homer Science & Student Life Center, Sacred Heart Schools, Preparatory Campus, 150 Valparaiso Ave, Atherton
<b>Nov. 10th</b> 8:30am-10	<i>*Jason and Jayme will hold a follow up discussion and coffee on CAS campus in the school library.</i>
<b>January 31</b> 9:00 am	<b>INSPIRING INTEGRITY, COMPASSION &amp; RESPECT</b> <i>Speaker: Barbara Coloroso</i>
<b>January 31</b> 7:00 pm	<b>Locations:</b> <u>Jan. 31 (9am):</u> Trinity School, 2650 San Hill Rd, Menlo Park <u>Jan. 31 (7pm):</u> St. Andrew's Episcopal School, 13601 Saratoga Ave, Saratoga
<b>February 1</b> 9:00 am	<u>Feb. 1 (9am):</u> Phillips Brooks School, 2245 Avy Ave, Menlo Park
<b>February 1</b> 7:00 pm	<u>Feb. 1 (7pm):</u> The Nueva School, 6565 Skyline Blvd, Hillsborough
	<b>NO FOLLOW UP COFFEE</b>

[WWW.COMMONGROUNDSPEAKERSERIES.ORG](http://WWW.COMMONGROUNDSPEAKERSERIES.ORG)

Date	Description
<b>March 20</b> 9:00 am	<b>INSPIRING WIN-WIN SPORTS PARENTING</b> <i>Speaker: Rick Wolff, Ph. D</i>
<b>March 20</b> 7:00 pm	<b>Locations:</b> <u>March 20 (9am):</u> Hillbrook School, 300 Marchmont Dr, Los Gatos
<b>March 21</b> 7:00 pm	<u>March 20 (7pm):</u> MenloSchool Athletic Center, 50 Valparaiso Ave, Atherton <u>March 21 (7pm):</u> Crystal Springs Uplands School 400 Uplands Drive, Hillsborough
	<b>NO FOLLOW UP COFFEE</b>
<b>April 26</b> 7:00 pm	<b>INSPIRING THE ART OF IMPERFECT PARENTING</b> <i>Speaker: Ayelet Waldman</i>
	<b>Location:</b> Sacred Heart Schools, 150 Valparaiso Ave, Atherton
<b>April 27</b> 8:30am-10	<i>*Jason and Jayme will hold a follow up discussion and coffee on CAS campus in the school library.</i>

Please RSVP for the follow up discussions to  
Brittany Thayer: [BThayer@charlesarmstrong.org](mailto:BThayer@charlesarmstrong.org)



The Common Ground Speaker Series is presented by a coalition of Bay Area schools committed to strengthening our families and communities through parent education. Our events are open and free of charge to the parents, faculty and staff of our 25 member schools. Guests not affiliated with a member school may attend for \$20 at the door.

# Morrissey-Compton Educational Center

## 2011-2012 Speaker Series PALO ALTO

Date	Description
<b>September 22</b> 6:00-7:30pm	<b>ADHD AND EXECUTIVE FUNCTIONS</b> This class will offer strategies to help your child become more organized and to understand his/her learning style. You will leave with specific ideas to help your child to maximize his/her success at school. <i>Speaker:</i> Janet Dafoe, Ph.D.
<b>September 26</b> 6:00-7:30pm	<b>HOW TO MOTIVATE STRUGGLING LEARNERS</b> You will explore reading, writing, math, organizational skills, memory and attention and the best practice strategies for motivating struggling learners. <i>Speaker:</i> Karen Grites, M.S.
<b>October 6</b> 6:00-7:30pm	<b>ADVOCATING FOR YOU ADHD CHILD AT SCHOOL</b> This class will offer an understanding of your legal rights, how to design a behavior plan, access accommodations, develop 504 plan and write IEP goals. <i>Speaker:</i> Janet Dafoe, Ph.D.
<b>October 12</b> 6:00-7:30pm	<b>HOMEWORK 911!</b> Learn how to minimize stress and help your child develop systems to organize homework, assignments and materials. <i>Speaker:</i> Erin Powers, M.Ed., B.C.E.T.
<b>October 17</b> 6:00-7:30pm	<b>CONSIDERING NEW FREEDOMS FOR YOUNG ADOLESCENTS</b> Through group participation, you will explore your own levels of comfort with new freedoms, discuss ways to evaluate your adolescent's readiness for new privileges and ways to deal with demands for freedom. <i>Speaker:</i> Karin Crosby, L.C.S.W.

[www.morrissey-compton.org/parenteducation.html](http://www.morrissey-compton.org/parenteducation.html)

## 2011-2012 Speaker Series PALO ALTO

Date	Description
<b>November 3</b> 6:00-7:30pm	<b>WINNING YOUR KIDS OVER WITHOUT PUNISHMENTS OR REWARDS</b> Learn how to use effective discipline strategies that will win your child's cooperation. Discover how to perfect the art of setting and enforcing rules and expectations without the need for punishments or rewards. <i>Speaker:</i> Cynthia Klein, Certified Parent Educator
<b>November 29</b> 6:00-7:30pm	<b>MATHEMATICAL LEARNING DIFFERENCES AND STUDENTS WITH LEARNING DIFFERENCES</b> Explore how math performance is affected in students with ADHD and math anxiety. Learn the best interventions, teaching methods, and strategies for success for these students. <i>Speaker:</i> Theresa Lavar, M.B.A., M.A.
<b>December 8</b> 6:00-7:30pm	<b>MY KIDS ARE MAKING ME SO MAD!</b> You will learn how to express anger to your child in a respectful way that de-escalates the tension and improves communication. Discover how to defuse your intensity and keep connected with your child so you can work through conflict. <i>Speaker:</i> Cynthia Klein, Certified Parent Educator

**Location:** Morrissey-Compton Educational Center  
2555 Park Blvd. #1  
Palo Alto, CA 94306

**Fees:** All classes are free.  
Pre-Registration is required.



# Morrissey-Compton Educational Center

## 2011-2012 Speaker Series HALF MOON BAY

Date	Description
<b>September 8</b> 6:00-7:30pm	<b>ORGANIZATIONAL SKILLS</b> This presentation will help you understand and respond to the organizational challenges students face each day. Tips and strategies will be shared on working with your child on the art of organizing. <i>Speaker:</i> Steven Corelis, M.S., E.T.
<b>September 20</b> 6:00-7:30pm	<b>RESILIENCE AND STRUGGLING LEARNERS</b> This class will address ways that your child can respond to the challenges that come with each new school year or situation and create the resiliency to bounce back from disappointments. <i>Speaker:</i> Karen Grites, M.S.
<b>October 20</b> 6:00-7:30pm	<b>INTERNET, TEXTING AND TEENS</b> Jordan will demonstrate step by step how to access Facebook, describe the kinds of personal information our adolescents are sharing and how to review your child's profile. <i>Speaker:</i> Jordan Berry, Youth Counselor
<b>October 26</b> 6:00-7:30pm	<b>MATHEMATICAL LEARNING DIFFERENCES AND STUDENTS WITH LEARNING DIFFERENCES.</b> Explore how math performance is affected in students with ADHD and math anxiety. Learn the best interventions, teaching methods, and strategies for success. <i>Speaker:</i> Theresa Lavar, M.B.A., M.A.
<b>November 8</b> 6:00-7:30pm	<b>USING TECHNOLOGY TO SUPPORT SUCCESS IN READING AND WRITING</b> Learn how technology can help to support your child's learning process and help them to live up to their potential. <i>Speaker:</i> Jennifer Dorwin, M.A.

[www.morrissey-compton.org/halfmoonbay.html](http://www.morrissey-compton.org/halfmoonbay.html)

## 2011-2012 Speaker Series HALF MOON BAY

Date	Description
<b>November 16</b> 6:00-7:30pm	<b>HOMEWORK 911!</b> Learn how to minimize stress and help your child develop systems to organize homework, assignments and materials. <i>Speaker:</i> Erin Powers, M.Ed., B.C.E.T.
<b>November 28</b> 6:00-7:30pm	<b>WHAT IS A LEARNING DISABILITY? WHAT CAN BE DONE TO HELP AT SCHOOL?</b> Explore the definition of a learning disability and the major cognitive processing areas that contribute to the challenges in reading, writing and math. Leave with specific strategies to help your struggling child. <i>Speaker:</i> Nicole Ofiesh, Ph.D.
<b>December 3</b> 10:00-11:30am	<b>LIBERATING THE STRUGGLING WRITER!</b> This hands-on workshop will provide you with an organized process and useful tools for enabling the young writer in your life to discover success in written expression <i>Speaker:</i> Dorothy McMullen, Certified Educational Therapist

**Location:** Morrissey-Compton Educational Center  
590 Kelly Avenue  
Half Moon Bay, CA 94019

**Fees:** All classes are free.  
Pre-Registration is required.





# PARENTS EDUCATION NETWORK

2011-2012 Workshops and Speaker Series

Date	Description
<b>September 16</b> 8:30-11:00am	<b>PEN PARENT MEETING:</b> All parents, whether new members or veterans of the LD community for awareness and support are invited to share concerns and ideas and help plan for PEN's future.
<b>September 23</b> 9:00-11:00am	<b>ADHD AND LEARNING DIFFICULTIES: ASSEMBLING A TEAM.</b> Dr. Leyla Bologlu will give a brief overview of the neurological and neurocognitive underpinnings of ADHD and learning differences. She will highlight the importance of: <ul style="list-style-type: none"> <li>• Early intervention</li> <li>• Appropriate evaluation</li> <li>• Assembling a team of qualified treatment professionals</li> </ul>
<b>October 21</b> 9:00-11:00am	<b>ADHD: ATTENTION DOESN'T HALF DESCRIBE IT.</b> Mark Bertin, a certified developmental pediatrician and author of his recent book <u>The Family ADHD Solution: A Scientific Approach to Maximizing Your Child's Attention While Minimizing Parents' Stress</u> will discuss the latest research into both medical and non-medical treatments of ADHD, and the signs that may indicate if children have it or not.
<b>November 17</b> 7:00-9:00pm	<b>AWARD WINNING FILM SCREENING—READ ME DIFFERENTLY: UNDERSTANDING LEARNING DISABILITIES IN FAMILY LIFE.</b> This 56-minute documentary will provide an in-depth look at dyslexia and ADHD and how these learning differences impact family dynamics. Sarah Entine, the filmmaker, will lead a Q&A highlighting the following objectives: <ul style="list-style-type: none"> <li>• How school based learning differences translate at home</li> <li>• How to talk about learning differences at home.</li> <li>• How mindfulness techniques can help parents &amp; children.</li> </ul>



# PARENTS EDUCATION NETWORK

2011-2012 Workshops and Speaker Series

Date	Description
<b>January 5</b> 7:00-9:00pm	<b>PANEL OF COLLEGE STUDENTS WITH LEARNING AND ATTENTION DIFFICULTIES.</b> Students will be discussing: <ul style="list-style-type: none"> <li>• Whether and how to disclose a learning difference</li> <li>• How they determined the best fit and scope of support for their college choices</li> <li>• What they, as students with learning and attention difficulties, found when they arrived at college</li> <li>• How to navigate and manage college life - academically and socially</li> </ul>
<b>May 11</b> 9:00-11:00am	<b>SUPPORTING SOCIAL SKILL DEVELOPMENT IN YOUTH WITH LEARNING DISABILITIES AND ADHD:</b> Melanie Berry, a doctoral candidate, will conduct the workshop by reviewing the current research and teach you strategies to help children with attention and learning differences make and keep friends.

**Location:** Check the PEN website for specific locations

**Fees:** \$20 to PEN Members, \$35 Non-Members  
(Includes annual membership fee)



[WWW.PARENTSEDUCATIONNETWORK.ORG](http://WWW.PARENTSEDUCATIONNETWORK.ORG)



Parents Helping Parents  
Building Bright Futures  
for Children with Special Needs!

## PARENTS HELPING PARENTS

2011-2012 Events

[www.php.com](http://www.php.com)

Date	Description
<b>September 27</b> 12:30-1:30 pm	<b>TIPS AND SUGGESTIONS FOR IEP/IFSPs</b> <i>Informal &amp; interactive session where topics of child behavior, development concerns and parenting questions will be discussed.</i> <b>Location:</b> Center for Developing Minds, Los Gatos
<b>October 11</b> <b>November 8</b> <b>December 13</b> <b>January 10</b> <b>April 10</b> <b>May 8</b> 6:10-7:15 pm	<b>LEARNING DIFFERENCES/ADD PARENT SUPPORT GROUP</b> <i>An open forum for parents to share their concerns, insights &amp; experiences.</i> <b>Location:</b> Parents Helping Parents, 1400 Parkmoor Ave, Suite 100, San Jose
<b>September 20</b> <b>October 18</b> <b>November 15</b> <b>December 20</b> 10:00–11:00am	<b>1 HOUR TOURS OF PARENTS HELPING PARENTS</b> <i>Agency tour of Parents Helping Parents with a brief review of our services and support.</i> <b>Location:</b> Parents Helping Parents, 1400 Parkmoor Ave, Suite 100, San Jose
<b>October 10</b> <b>November 14</b> <b>December 12</b> 4:00-5:00 pm	
<b>October 29</b> 9:00-12:30 pm	<b>PARENT ENGAGEMENT CONFERENCE: SPECIAL EDUCATION FOCUS</b> <i>Celebrate your child's unique learning needs. Learn how to access appropriate community services.</i> <i>Keynote speaker:</i> Mary Ellen Peterson will share her experience of how she support and coordinated the special needs of her child. <b>Location:</b> Santa Clara County Office of Education

These events are free. For more events and information please visit our website at [www.php.com/events](http://www.php.com/events)



## Tips for Helping with Homework

- Show an interest in your child's homework. Inquire about the subjects and the work to be done. Ask questions that require answers longer than one or two words.
- Help your child organize homework materials before beginning.
- Establish a regular time with your child to do homework; developing a schedule helps avoid procrastination.
- Find a specific place for your child to do homework that has lots of light, quiet, and plenty of work space.
- Encourage your child to ask questions and search for answers, taking the time to figure out correct answers.
- Make sure your child backs up answers with facts and evidence.
- Practice school-taught skills at home.
- Relate homework to your child's everyday life. For instance, teach fractions and measurements as you prepare a favorite food together.
- Be a role model-take the opportunity to read a book or newspaper or write a letter while your child studies.
- Praise your child for both the small steps and big leaps in the right direction.



# ***Building Resilience in Children with Challenges***

*Sam Goldstein, Ph.D.*  
*www.nclid.org*

## **The 3 Powerful Predictors of Resilience**

- ◆ A temperament that elicits positive responses from others;
- ◆ Family relationships that promote trust, autonomy, initiative, and connections, and
- ◆ Community support systems that reinforce self-esteem and self-efficacy.

## **The 5 Strategies for Fostering a Resilient Mindset in Children:**

### **#1 TEACH EMPATHY BY PRACTICING EMPATHY**

- ◆ Listen and obtain knowledge from your child.
- ◆ Parents and educators can provide “bubble of security” amidst the chaos.
- ◆ We are encouraged to be more sensitive when our children fail to meet our expectations.
- ◆ Example: A child who can’t sit still in school might earn the label of “immature”, “hyperactive”, “ADHD”, and “disruptive”.
  - ◆ Empathetic response: To simply let this child move more

**#2**

### ***TEACH RESPONSIBILITY BY ENCOURAGING CONTRIBUTIONS***

- ◆ Goldstein emphasizes that children are born with genetically programmed drive to help and to master skills.
- ◆ We can encourage their sense of autonomy by:
  - ◆ Encouraging them to help both at home and at school.

**#3**

### ***TEACH DECISION-MAKING BY MODELING PROBLEM SOLVING THAT FOSTERS SELF-DISCIPLINE***

- ◆ Help children frame solutions by asking:
  - ◆ “What’s the problem? What options do you have? How can you break this up into steps?”
- ◆ As children become interested and involved, their self-discipline will increase.

**#4**

### ***TEACH OPTIMISM BY OFFERING ENCOURAGEMENT***

- ◆ When giving feedback, always start with the positive.
- ◆ We sometimes get into what Goldstein calls :
  - ◆ a “dance of dysfunction” by using negativity and coercion in response to our children’s undesirable behaviors.

**#5**

### ***TEACH COMPETENCY BY PROVIDING OPPORTUNITIES TO PRACTICE.***

- ◆ All children need “islands of competency” special skills and talents to use to their advantage in life.
- ◆ What’s your child’s special talent?
- ◆ Offer reminders that mistakes are an opportunity to learn.

***Find similar articles every week in the CAS Weekly Bulletin, available Fridays on our website.***

# Professional Resources

- ◆ **Audiologist** – measures hearing ability and provides services for auditory training; offers advice on hearing aids.
- ◆ **Educational Consultant** – gives educational evaluations; familiar with school curriculum but may have a background in special education issues.
- ◆ **Educational Therapist** – develops and runs programs for learning and behavior problems.
- ◆ **Learning Disabilities Specialist** – a teacher with specific training and credentials to provide educational services to students with learning disabilities and their teachers.
- ◆ **Neurologist** – looks for possible damage to brain functions (medical doctor).
- ◆ **Occupational Therapist** – helps improve motor and sensory functions to increase the ability to perform daily tasks.
- ◆ **Pediatrician** – provides medical services to infants, children, and adolescents; trained in overall growth and development including motor, sensory, and behavioral development (medical doctor).
- ◆ **Psychiatrist** – diagnoses and treats severe behavioral and emotional problems and may prescribe medications (medical doctor).
- ◆ **Psychologist (Clinical)** – provides psychological and intellectual assessment and treatment for mental and emotional health.
- ◆ **School/Educational Psychologist** – gives and interprets psychological and educational tests; assists with behavior management; provides counseling; consults with parents, staff, and community agencies about educational issues.
- ◆ **Speech and Language Therapist** – helps children with language and speech difficulties.

See the assessment referral list on the CAS website for recommendations.

# Online Resources

- ◆ Charles Armstrong School: ([www.charlesarmstrong.org](http://www.charlesarmstrong.org))
- ◆ Parents Education Network: ([www.parentseducationnetwork.org](http://www.parentseducationnetwork.org))
- ◆ Morrissey-Compton Educational Center: ([www.morrissey-compton.org](http://www.morrissey-compton.org))
- ◆ Common Ground: ([www.commongroundspeakerseries.org](http://www.commongroundspeakerseries.org))
- ◆ The International Dyslexia Association: A non-profit dedicated to helping dyslexic individuals, their families, and their communities ([www.interdys.org](http://www.interdys.org))
- ◆ LD Online: ([www.ldonline.org](http://www.ldonline.org))
- ◆ All Kinds Of Minds: Provides programs, tools, and a common language for parents to help students with learning differences achieve success ([www.allkindsofminds.org](http://www.allkindsofminds.org))
- ◆ Learning Disabilities Assoc. of California: In-depth education and healthcare information ([www.kidsource.com/LDA-CA](http://www.kidsource.com/LDA-CA))
- ◆ Dyslexia The Gift: ([www.dyslexia.com](http://www.dyslexia.com))
- ◆ Learning Disabilities of America: ([www.ldanatl.org](http://www.ldanatl.org))
- ◆ Wrightslaw: Special Education Law and Advocacy Resource ([www.wrightslaw.com](http://www.wrightslaw.com))
- ◆ Council for Exceptional Children: ([www.cec.sped.org](http://www.cec.sped.org))
- ◆ Learning Ally: ([www.learningally.org](http://www.learningally.org))
- ◆ Kurzweil Reader: ([www.kurzweiledu.com](http://www.kurzweiledu.com))

